



## After Your Child's Sedation

Today your child had dental treatment under conscious sedation.  
He/She received the following medicine(s) for sedation:

\_\_\_\_Chloral Hydrate

\_\_\_\_Diazepam (Valium)

\_\_\_\_Meperidine (Demerol)

\_\_\_\_Midazolam (Versed)

\_\_\_\_Hydroxyzine (Vistaril)

\_\_\_\_Other\_\_\_\_\_

Children respond to sedation in their own way, but the following guidelines will help you know what to expect at home.

### GOING HOME FROM THE DENTAL OFFICE

1. Your child will not be able to walk well, so we suggest that you carry your child to the car or around the office.
2. Young children (up to age 3 or 4) must be restrained in a car safety seat
3. Older children must be restrained by a seat belt, and should be assisted into your home by two people.

### ACTIVITY

1. your child may take a long nap. He/She may sleep from 3 to 8 hours and may be drowsy and irritable for up to 24 hours after sedation. When your child is asleep, you should be able to awaken him/her easily.
2. Your child may be unsteady when walking or crawling and will need support to protect him/her from injury. An ADULT must be with the child at all times until the child has returned to his/her usual state of alertness and coordination.
3. Your child should not perform any potentially dangerous activities, such as riding a bike, playing outside, handling sharp objects, working with tools, or climbing stairs until they are back to their usual state of alertness and coordination for at least an hour.
4. We advise that you keep your child home from school or day care after treatment and possibly the next day if your child is still drowsy or unable to walk well. Your child should have returned to his/her usual state of alertness and coordination within 24 hours.